

# "EVERY BLOOD DONOR IS A HERO"

# 1 Pint can save 3 lives.

Give Blood Give Life......

**Bali, Indonesia** — This blood donation drive is the first to be held this year and in partnership with the UDD PMI Bali Province, it will be an opportunity to support this essential life-saving cause that also serves to raise awareness for the need for blood donations also as part of commitment towards the community. We invite everyone to join us and donate your blood to save lives. We look forward to many volunteers to demonstrate our caring spirit!

Prior to the donation, each potential donor will be screened to ensure that they are fit to give blood. This health screening will also give potential donors the opportunity to learn about their blood pressure rate and hemoglobin count. For first-timers, this will be a chance to find out their blood type.

"We hope that our first blood donation drive for this year will attract new and previous donors alike. If you have never donated before, do drop in for a short free medical check and see the simple and quick process of an individual donation. Light refreshments will be served and we look forward to seeing more people donate and help save lives", said Yunita Rachmawati (Human Resources Manager – Bali Paragon Resort Hotel)

Najeeb Abdullah, General Manager for Bali Paragon Resort Hotel, added "We hope that *our first blood donation drive* for this year will attract response from volunteers that included both hotel employees as well as local residents. I would like to thank all participants and associates who responded to our call for blood. Every blood donor is a hero who helps to save lives".

To assist those needing blood transfusions, the Red Cross asks for donor's long-term support in continually donating blood. Through this event, we hope to increase people's awareness of this necessity, so we ask your cooperation in sharing the details.

**Time:** Tuesday, May 3 2016 (10 am –2 pm).

**Venue:** Elite III Meeting room, 2<sup>nd</sup> Floor – Bali Paragon Resort Hotel

## **Blood Collection Standard (for donations of 400ml)**

Age: Males 17–69 years; females, 18–69 years

(Donors who are 65 years or older must have donated at least once between the ages of 60 and 64.)

Body weight: Over 50kg for both males and females

## **Donations interval:**

400ml donation:

Males can donate blood from the same day of the week 12 weeks after their last donation.

Females, 16 weeks.



### **Apheresis donation:**

Both males and females can donate blood from the same day of the week 2 weeks after their last donation.

Max. volume of donations permitted per year:

Total volume of 200ml and 400ml donations – males up to 1,200ml; females up to 800ml Misc.:

Females who are not pregnant or have not been pregnant within the last 6 months

\* Inquiries regarding blood collection standards: UDD PMI Bali Province

#### **ABOUT BALI PARAGON**

Bali Paragon brings out the concept of Modern Architecture Tropical Resort which has 379 rooms (369 Deluxe Room, 8 Deluxe Suite, 2 Master Suite) also with 4 meeting rooms, Kids Clubhouse & Playground, Convenient Swimming Pool, Jacuzzi Hot Tub, The Battery Health Club with Commercial Grade Equipment, Tablespoon Coffee House, Blackmud Lobby Lounge, Marshmallow Roof Top Bar also Butter & Scrub Spa presented with old French style interior. Operated by the most committed management team, all rooms resort is spaciously set within a modern landscaped garden, providing guests with comfortable suite style hideaway accommodation, world class facilities and Balinese hospitality.

#### **ABOUT NOMINA VILLAS**

Nomina Luxury Villa is conveniently located on the southern-tip of Bali, overlooking the magnificently scenic view of the forever blue Indian Ocean. Perching on top of Uluwatu cliffs, our villa allows us to watch sunrises and sunsets and bask gloriously in the warmth of the sun. Our Villas also conveniently overviews the infamous beach of Dreamland and nearby to Uluwatu Temple with an access to private beach at padang-padang which is surfing paradise in Bali.

For further information, please contact:
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